

How much will the BHI Rejuve program cost me?

Our goal is to make this program affordable to everyone which is why we will work with your insurance company and specialty pharmacies (in the tristate area) to ensure the lowest cost to you.

We offer a three month FREE trial period (this does NOT include medication).

Participation in this program is \$3,000 per year, less any monies paid by your health insurance. Please be aware that cost does NOT include any medication prescribed.

The monthly cost for medication on average will cost between \$300- \$450.



What does the annual fee include?

- Initial review of baseline blood work results
- Initial office consultation (office visit via Skype or over the phone)
- A personalized hormone optimization program designed by Brian Mehling, MD
- Medication prescribed monthly
- Quarterly evaluation of labs
- Quarterly follow up consultations (office visit via Skype or over the phone)



contact information



REJUVENATE
YOUR LIFE





What are the potential benefits of the BHI Rejuve Program?

- Improved Sex Drive
- Hair Growth
- Increased Stamina
- Increased Muscle and Bone Mass
- Weight Loss
- Increased confidence



What is BHI Rejuve?

BHI Rejuve is a hormone optimization program where we evaluate each patient with an extensive assessment of labs, then supplement the hormones that are deficient. After all labs are completed by the patient, we then conduct a comprehensive evaluation of the results; subsequently, patients are put on a hormone optimization program, which is personalized to their individual needs.

History behind hormones and what they do to your body

Testosterone levels start to fall by about one percent a year beginning in a man's 40s. As men reach their 50s, 60s, and beyond, they may start to have signs and symptoms of low testosterone such as lower sex drive and sense of vitality, erectile dysfunction, decreased energy, reduced muscle mass and bone density, and anemia. These signs and symptoms are often called hypogonadism ("hypo" meaning low functioning and "gonadism" referring to the testicles). Researchers estimate that the condition affects anywhere from 2,000,000 to 6,000,000 men in the United States. Yet it is an underdiagnosed problem, with only about five of those affected receiving treatment.

Human growth hormone, also known as somatotropin, is a peptide that stimulates growth, cell reproduction, and regeneration. It is your body's healing hormone. When your level is optimal your body recovers from injury or surgery quicker. This is the reason many athletes seek growth hormone. GH improves wound healing, bones, sexual performance, cholesterol, blood pressure, body fat, lean body mass, mood, energy level, vision, memory, cognitive function, immune function, hair growth, skin, and maintenance of vital organs.